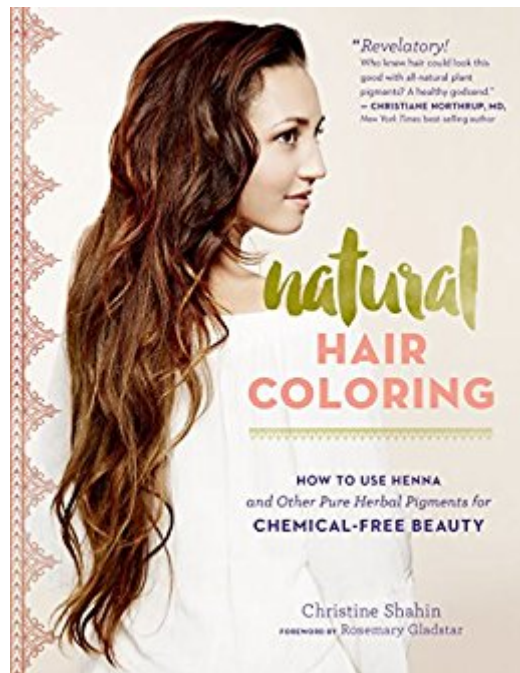


The book was found

# Natural Hair Coloring: How To Use Henna And Other Pure Herbal Pigments For Chemical-Free Beauty



## Synopsis

Commercial hair dyes contain thousands of different chemicals, some of which are reported to be carcinogenic – but you don't have to choose between gorgeous color and good health. Natural hair care expert Christine Shahin shows you how to use nontoxic plant pigments – henna, indigo, amla, and cassia – to color your hair naturally, whatever your hair type or ethnicity, with beautiful results! These pigments are readily available at natural food stores and online, and they're simple, safe, easy to use, and cost-effective. With clearly written instructions and step-by-step photography, Shahin shows you exactly how to apply these pigments, alone or in combinations, to achieve a full range of shades of brown, black, and red. She also includes instructions for transitioning from chemical dyes to natural ones and for using chemical and natural dyes together.

## Book Information

File Size: 17303 KB

Print Length: 184 pages

Publisher: Storey Publishing, LLC (May 17, 2016)

Publication Date: May 17, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B015X2PG2G

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #166,383 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #232

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Beauty, Grooming, & Style #513

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Personal Health > Healthy Living

#603 in Books > Health, Fitness & Dieting > Beauty, Grooming, & Style

## Customer Reviews

Natural Hair Coloring, How to Use Henna and Other Pure Plant Pigments for Chemical-Free Beauty, Christine Shahin  
Review from Jeannie Zelos book reviews  
Genre: Non Fiction  
Like so many people I've always coloured my hair. I like to change it up, and it makes me feel good when I see

fresh glossy colour, especially now I'm a bit older (!! ) and have a few grey strands. Back in the 70s when I was a teenager we used to frequent shops selling natural products, doused ourselves in patchouli oil ( poor bus driver must have been nearly asphyxiated with a coachload of teens from my all girls school) One time I bought some Henna and duly coloured my long dark hair. The colour was lovely, a rich vibrant red. Unfortunately so was the bathroom grouting and floor, the bath sealant and the towels I used...Mum was Really Not Happy and Henna and anything like it was banned. Somehow I've never plucked up courage to try it since. This book is full of helpful info and fabulous pictures with recipes for what was used in each. . I love natural products, make my own very often and hate using too many potentially harmful chemicals, and yet when faced with that or grey dull hair the chemicals win. Now maybe I'll pluck up courage to have another go. Henna and Indigo I'd heard of but not Cassia or Amla, and they are useful colours used either alone or combined to give more variety. Christine gives some really detailed info to accompany her images showing what was used and how long. Given that some need to stay on for eight hours I was wondering how she dealt with that - surely her customers don't stay in her salon that long?

[Download to continue reading...](#)

Natural Hair Coloring: How to Use Henna and Other Pure Herbal Pigments for Chemical-Free Beauty Hair: Hair Loss: Learn About Hair Loss Prevention Methods and Regrowth Treatment: Hair Loss Cure: Hair Loss (Men's Health, Hair Loss Treatment, Regrow ... Loss Treatment for Woman, Hair Loss Cure) Hair Loss Cure & Treatment: Prevention & Effective Natural Regrowth Methods (Hair Loss Prevention, Hair Loss Treatment, Hair Loss Cure, Hair Loss For Men, Hair Regrowth, Self Help) Hair Loss Prevention: #1 Hair Loss Prevention And Reversal Techniques, Methods, Treatments And Remedies (Hair Loss, Hair Loss Cure, Hair Loss In Women, ... Protocol, Hair Loss Black book, Baldness) The Comprehensive Hair Loss Guide: Hair Loss Treatment and Cure for Men and Women (Hair Loss Treatment for Women, Hair Loss Treatment for Men, Hair Loss ... Loss Remedies, Hair Loss Cure, Alopecia) The Ayurveda Hair Loss Cure: Preventing Hair Loss and Reversing Healthy Hair Growth For Life Through Proven Ayurvedic Remedies (Ayurveda Medicine, Hair ... Diet, Hair Loss Diet, Hair Loss Solutions) Hair Loss: How it Happens and How to Fix It (Hair Loss, beauty and fashion, hair, loss, aging parents, hair growth, healthy hair) Herbal Antibiotics: 25 Best Herbal Remedies Way To Heal Yourself Faster (Herbal Antibiotics, Herbal Remedies,herbal antibiotics and antivirals) DIY Herbal Gardening - Learn The Benefits Of Planting The Top 5 Medicinal Plants (Herbal Gardening, DIY Herbal Gardening, Medicinal Plants, Herbal Medicines, Herbal Cure) Hair Loss and the Big Pharma - The Ultimate Guide on Avoiding Frauds,

Disinformation and Bad Medicine (Hair Loss Cure, Hair Loss Nutrition, Hair Loss Solutions, Hair Loss Alopecia, Alopecia Areata) How to Cure Baldness and Prevent Male Hair Loss (Mens Hair Loss, Propecia, Minoxidil, Receding Hair Line, Hair Regrowth, male pattern baldness, mens hair) Hair Loss Cure: Everything You Need to Know About Hair Loss, Hair Loss Prevention, Hair Re-growth and Hair Loss Treatments (Hairloss treatment) The Men's Hair Book: A Male's Guide To Hair Care, Hair Styles, Hair Grooming, Hair Products and Rocking It All Without The Baloney NATURAL HAIR SCALP REGENERATION - STOP hair loss and regrow hair very FAST GUARANTEED: YOUR LAST CHANCE TO REGROW YOUR HAIR NATURALLY Herbal Remedies: 30 Herbal Recipe Remedies From My Private Collection: Proven Herbal Recipes That Work! (Herbal Recipes Private Collection Book 1) Homemade Natural Hair Care (with Essential Oils): DIY Recipes to Promote Hair Growth, Shine & Repair (Shampoo, Conditioner, Masks, Aromatherapy, Hair Loss Treatment - 100% Cruelty Free) Alternative Medicine Made Easy: How to Use Simple Homemade Remedies to Stay Healthy and Disease-Free (Herbal Remedies, Alternative Medicine, How to Use Herbal Remedies,) The Allergy Self-Help Cookbook: Over 350 Natural Foods Recipes, Free of All Common Food Allergens: wheat-free, milk-free, egg-free, corn-free, sugar-free, yeast-free Pure Pulp: FANTASTIC ADVENTURES VOL. 1: TWO COMPLETE ORIGINAL PULP MAGAZINE ISSUES FROM THE 1939 & 1940 - 250 PAGES OF PURE PULP SCIENCE FICTION (PURE PULP - COMPLETE ORIGINAL MAGAZINES) How To Stop Hair Loss Naturally: Learn various ways to stop your hair loss and regrow your hair without the use of expensive and harmful drugs

[Dmca](#)